



Date & Location	Activities
<p>Step 1</p> <p>September 21 – 25, 2026</p> <p>-</p> <p>In-person / Ottawa</p>	<p>LEAD+ Launch</p> <p>Union Basics</p> <p>Day 1: Self-Assessment, Program and Project Overview, Foundations of a Union: Union Structure, Bylaws, and Constitution</p> <p>Day 2: What Does it Mean to be a Leader? Identifying leadership Styles, Labour History, and Leaders</p> <p>Day 3: Reconciliation, Power, and Oppression</p> <p>Day 4: Leading Strategically with Empathy and Public speaking</p>
<p>Step 2</p> <p>October 2026</p> <p>-</p> <p>Virtual Facilitation</p>	<p>Decision-making for change</p> <p>Convention and Resolutions</p>
<p>Step 3</p> <p>November 2026</p> <p>-</p> <p>Virtual Facilitation</p>	<p>Get Elected</p> <p>Campaigning and Elections</p>





<p>Step 4</p> <p>December 7 – 11 2026</p> <p>-</p> <p>In-person / Ottawa</p>	<p><u>Looking Inwards</u></p> <p>Day 1: Identifying Stereotypes and Biases and Deconstructing Stereotypes and Biases</p> <p>Day 2: Managing the Imposter Phenomenon and Confidence Building</p> <p>Day 3: Effective Public Speaking and Networking</p> <p>Day 4: Project Planning and Regional Political Action</p>
<p>Step 5</p> <p>January/February 2027</p> <p>-</p> <p>Virtual</p>	<p>Building Community</p> <p>Conversations around on-going barriers, sharing challenges, advice to build networks</p>
<p>Step 6</p> <p>January/February 2027</p> <p>-</p> <p>Virtual</p>	<p>Project Planning</p>
<p>Step 7</p> <p>March 2027</p> <p>-</p> <p>Virtual Facilitation</p>	<p>Committee and Community Guides</p> <p>Term of Reference, Budgeting, Meeting Guidelines, Quorum, Executive Reports and AGM Planning</p> <p>Project planning</p>





Step 8

April 12 – 16, 2027

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In-person / Ottawa

Bridging the Gap

Day 1: Communication 101

Day 2: Negotiating and Engagement Strategies

Day 3: Mental Health, Well-being and Stress Management

Day 4: Project Presentations and Graduation