

# SPEAK OUT AND SPREAD THE WORD: **FPSLRA social media toolkit**



Use these tips and sample posts to help spread the word about PSAC’s campaign to modernize the FPSLRA. Sharing a post, telling your story, or reposting campaign content can help more members understand how the FPSLRA affects bargaining, grievances, and worker rights.

The strongest posts are often simple and personal. A short message about why the issue matters to you, paired with a campaign link or video, can help bring others into the conversation.

For federal public service workers, political expression on personal social media accounts is protected. Before you post, keep these guidelines in mind:

- Post on your own time and on your own device.
- Speak for yourself or in your union role, not on behalf of the employer.
- Keep your tone factual, respectful, and clear.
- Focus on the issue and why it matters.
- Avoid comments that are malicious, false, defamatory, or discriminatory.
- Add the campaign landing page or video link whenever possible.

## Sample social posts

### General

- Federal public sector workers are feeling stuck in bargaining and trapped in the grievance process because of the FPSLRA — the outdated legislation that governs labour relations. Join me in the fight to modernize it.
- A lot of the workplace issues federal workers experience aren’t random. Bargaining delays, grievance backlogs, and missing protections are built into the system because of the outdated FPSLRA. It’s time for a change.
- Why does everything feel stuck? Because the legislation that governs federal labour relations is outdated, restrictive, and unfair. Join PSAC’s campaign to modernize the FPSLRA.

### Bargaining

- Are you feeling shut out on key issues at the bargaining table? Or tired of roadblocks in the federal bargaining process? Me too. Join me in supporting changes to the FPSLRA to make bargaining fairer.
- Federal bargaining shouldn’t take years. The FPSLRA slows negotiations, blocks key issues, and forces workers through unnecessary delays. Learn more and join the campaign for change.
- If staffing, pensions, and systemic discrimination are off the table, that’s not real bargaining. Federal workers deserve a fair process and modern labour laws. Let’s modernize the FPSLRA.

## Grievances

- Workplace issues in the federal public sector shouldn't take years to resolve. I'm with PSAC in the fight to modernize the FPSLRA so we can improve the grievance process.
- A grievance system that takes years isn't real justice. Workers deserve timely decisions, meaningful remedies, and protection while their cases move forward. It's time to change the FPSLRA.
- When grievances on workplace bullying, denied leave, or discipline drag on for years, the damage to workers isn't put on hold. The FPSLRA needs an overhaul.

## What's missing

- The FPSLRA fails to protect casual and short-term workers, and it doesn't hold the government accountable for pay issues. I'm joining PSAC in the fight to fix that.
- If you do the work, you should have the rights. Federal labour law shouldn't leave casual and short-term workers with fewer protections.
- Getting paid properly and on time should be the bare minimum. Workers shouldn't have to fight for basic accountability.

## Taking action

- Changing outdated labour law isn't easy, but it's possible. Workers have changed the law before, and we can do it again. Learn about the issue, talk to your co-workers, and get involved.
- The FPSLRA can be changed. But it won't happen unless workers push for it. Talk to your co-workers, share the issue, and tell your MP it's time to modernize federal labour law.
- Fair bargaining, timely grievance resolution, proper pay, and equal rights are worth fighting for. Join me in supporting changes to the FPSLRA.

